



## Find a Coach

**Name:** Gene McNaught

**Location:** Wellington

**Contact details:** 2/6 Kaikoura Street, Maupuia, Wellington; Mob: 021 0236 0596; Hm: 04-380 6974; e-mail:gene.mcnaught@gmail.com

**Coaching experience (triathlon):** Triathlon/Duathlon, Mountain biking, multisport since 2006

**Coaching qualifications (all sports):** Tri NZ Level 1, currently working on level 2

**Specialist knowledge:** most aspects of training and racing

**Competitive experience in triathlon:** Been racing Duathlons since 1995 and been a member of the NZ Duathlon team since 2005 gaining national and international podiums. Competed in multisport from 1993 through to 2007, taking part in a large number of national events; 5 years mountain biking from 1991-1996 before hitting the road bike more. Finally took up Triathlon in 2008 after learning to swim. Have gained local titles and coached a number of athletes taking out titles at a national and local level.

**Triathlon groups I prefer to coach:** all ages

**Website:** [www.sportscoachnz.co.nz](http://www.sportscoachnz.co.nz)