



Find a Coach

Name: Jacky Toepfer

Location: Wanaka

Contact details: 021-384-079; jacky@dynamichealth.co.nz

Coaching qualifications (all sports): BPhed (Otago University); previous experience as a fitness consultant, Institute of Sport and Corporate Health; Tri NZ Level 1 coach; triathlon/running coach since 2005

Specialist knowledge: Endurance events, off-road running, nutrition for optimum health and performance.

Competitive experience in triathlon: Winner 2008 & 2009 Coastal Challenge (32km run); World Age Group Champs 2006- 14th; NZ Age Group Champs 2006- 2nd

Triathlete groups I prefer to coach: everyone welcome



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