



Find a Coach

Name: Greg O'Connor

Location: Blenheim

Contact details: g.toconnor@xtra.co.nz

Coaching experience (triathlon):

Since 2007 – Beginners through to Competitive Age Groupers (Triathlon / Duathlon)

Coaching qualifications (all sports):

TRINZ Level 1 (2006)

TRINZ Level 2 (2008) - Post course requirements to complete.

Specialist knowledge:

Bachelor of Sport & Exercise Science (2009)

Physical Training Instructor (RNZAF since 2001)

Competitive experience in triathlon:

World AG Champs (2006) - Switzerland

World AG Champs (2007) - Germany

World AG Champs (2008) - Canada

World AG Champs (2009) - Australia

World AG Long Distance Champs (2009) - Australia

Triathlete groups I prefer to coach:

All ages from Sprint Distances through to ½ Iron Man.

Website

TBC



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