



Find a Coach

Name: Sheryl McLay

Location: Mount Maunganui

Contact details: 07 574 7594 or 027 288 1131;
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PO Box 5310, Mount Maunganui

Coaching experience (triathlon): Swim coach to triathletes for 20 years.

Coaching qualifications (all sports): Swimming Level 2, Surf Life Saving Level 2, Tri NZ Level 1

Specialist knowledge: Open water swimming is my speciality

Competitive experience in triathlon: Participant in late 1980's – early 1990's, mostly Olympic Distance

Triathlete groups I prefer to coach: Youth, Adults, all levels

Website: N/A