



Find a Coach

Name: Philip Shambrook (The Competitive Edge)

Location: Waipukurau (Hawke's Bay)

Contact details: TheCompetitiveEdge@gmail.com

Coaching experience (triathlon): 3 years

Coaching qualifications (all sports): 5 years

Specialist knowledge: Running and cycling

Competitive experience in triathlon: Ironman, ½ Ironman, Olymoic and Sprint Distance, Duathlons

Triathlete groups I prefer to coach: Age group – post teens and above



Triathlon New Zealand Inc.

A: 67 Davis Crescent, Newmarket, Auckland 1023, PO Box 128-509, Remuera, Auckland 1541

T: +64 9 524 6959 F: +64 9 524 6957 E: info@triathlon.org.nz W: www.triathlon.org.nz

