



Find a Coach

Name: Russell Mancer

Location: New Plymouth

Contact details: email - russell@clelands.co.nz

Phone – Home (06) 758-2079

Mob (0274) 380-002

Coaching experience (triathlon): Entry level since 2008

Coaching qualifications (all sports): Level 1 Triathlon

Specialist knowledge: Cycling, running

Competitive experience in triathlon: Competed at all distances from sprint to ironman. Represented NZ at World Age Group Long Course Duathlon Championships in 2008.

Triathlete groups I prefer to coach: Youth through to competitive adult.



Triathlon New Zealand Inc.

A: 67 Davis Crescent, Newmarket, Auckland 1023, PO Box 128-509, Remuera, Auckland 1541

T: +64 9 524 6959 F: +64 9 524 6957 E: info@triathlon.org.nz W: www.triathlon.org.nz

