



Find a Coach

Name: Oringa Barach

Location: Whangarei

Contact details: e mail bopat@clear.net.nz
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Coaching experience (Triathlon):
Beginner Level- Adults

Coaching qualifications:
Tri NZ accredited Level 1

Competitive experience in triathlon:
20 years: starting from the shorter distances and gradually increasing to the longer endurance events.

Completed:
5 x Taupo NZ Ironman Triathlon Championships

Qualifier and finisher in 60-64 Age group at the World Ironman Championships in Kona Hawaii in 2007

Triathlete groups: I prefer to coach:
Beginner Adults. Also willing to help and guide anyone thinking they might want to tackle an Ironman

Ages 13 up

Website: No

