



Find a Coach

Name: Dan Cullen

Location: Auckland

Contact details: 021-955-449; dan@one2onemultisport.co.nz

Coaching qualifications (all sports):

- Physical Education degree (majoring in outdoor education and sports coaching) at Otago University and a postgraduate diploma in Teaching.
- Currently working as a Geography/Outdoor Education teacher at Massey High School in Auckland.
- Level 1 Tri NZ accredited triathlon coach.

Specialist knowledge: Swim triathlon coaching, running technique and biomechanics.

Competitive experience in triathlon: Have raced and competed in the Coast to Coast and the Goldrush (both as an individual and as part of a team). Many other events including the Auckland marathon.

Triathlete groups I prefer to coach: Younger athletes such as school leavers and those new to multisport.

Website: www.one2onemultisport.co.nz