



## Find a Coach

**Name:** Brad Dixon

**Location:** Mt. Maunganui

**Contact details:** Mobile: 0275605888, email: braddixon33@yahoo.co.nz

**Coaching experience (triathlon):** 5 years

**Coaching qualifications (all sports):** Tri NZ Level 2, Les Mills RPM instructor.

**Specialist knowledge:** Physiotherapist with post grad cert in Sports Medicine.

**Competitive experience in triathlon:** Competing since 1989. 10<sup>th</sup> Secondary schools triathlon, 4<sup>th</sup> in secondary schools Duathlon 1993, 7 Tauranga half IM's 1994 - 2008 (best time 4hrs 11min, 13<sup>th</sup> overall), 6<sup>th</sup> 20-24 yr Long Distance Worlds 1995. IM NZ 1999 (10hrs 04min) Hawaiian IM 1999 (10hrs 25min), 4 x marathons, best time of 2hrs 47min at Hastings.

**Triathlete groups I prefer to coach:** Beginner through to competitive age groupers. I have no more than 8 athletes at one time

**Website:** N/A



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